



## HAVE A HEART PILLOW PROJECT

First of all, thank you for taking a heart kit to make up. These pillows will be donated to St Agnes Hospital and utilized for patients who have had heart surgery and breast cancer procedures.

It's pretty easy - put the right sides together, sew around the perimeter (1/4" or 1/2" seam) leaving a 3" or so, opening for turning and stuffing. This opening should be on the bottom curve of the pillow to avoid changing the curve of the heart.

Clip at the top of the heart and a few clips on each of the curves. You can also snip across the bottom of the heart as well.

After the pillow has been stuffed - you will slip stitch or ladder stitch the opening together.

It takes longer to stuff it than it does to sew it, but someone will love it!!

After completion, you can turn the pillow in to Bear Paw Quilts who will collect them for the Guild or you can contact Patty or Maria if that doesn't work for you.

Please put your name inside the bag, so we can keep a list of everyone who turns in a project.

PATTY CRAMER & MARIA CICCARELLI

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Print out the  
two pattern  
pieces & tape  
together to make a  $\frac{1}{2}$   
heart. Place on fold  
after straightening the  
side and cut 2 hearts.  
Sew right sides together,  
clip, turn & stuff.

Thank you for making &  
having a big heart ♡

Maria & Patty

leave  
open for |

1 Stuffing