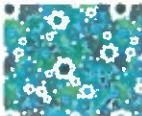




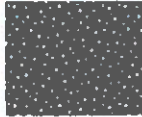










Materials & Cutting Instructions

Yields 4 blocks.

	<p>Cottage Garden Aquamarine Fabric 1 17180 24</p>	<p>From 1 fat quarter, cut: 4 - 3 1/2" x 20" strips, cut into A: 32 - 3 1/2" x 2" </p>
	<p>Wild Strawberries Bottle Green Fabric 6 17183 40</p>	<p>From 1 fat quarter, cut: 1 - 3 1/2" x 20" strip, cut into B: 4 - 3 1/2" x 3 1/2"  5 - 2" x 20" strips, cut into C: 48 - 2" x 2" </p>
	<p>Wild Strawberries Cobalt Fabric 7 17183 50</p>	<p>From 1 fat quarter, cut: 5 - 2" x 20" strips, cut into D: 48 - 2" x 2" </p>
	<p>Garden Gate Cobalt Fabric 13 17186 50</p>	<p>From 1 fat quarter, cut: 4 - 3 1/2" x 20" strips, cut into E: 32 - 3 1/2" x 2" </p>
	<p>Filagree Cloud Fabric 16 13521 08</p>	<p>From 3/4 yard, cut: 2 - 3 1/2" x WOF strips, cut into F: 32 - 3 1/2" x 2"  7 - 2" x WOF strips, cut into G: 128 - 2" x 2" </p>

Symbols & Terms:

WOF = Width of Fabric

 = Squares

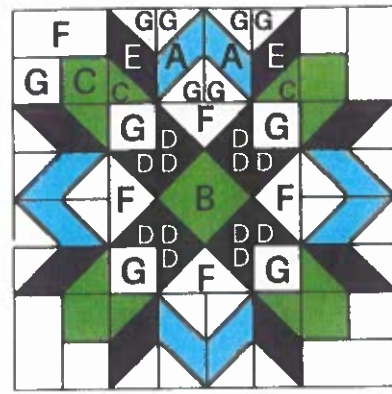
 = Rectangles

Block 7 Piecing Instructions

Yields 4 blocks.

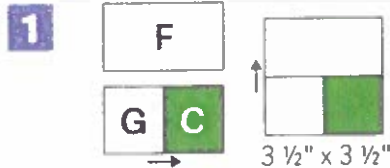
All measurements include $\frac{1}{4}$ "-wide seam allowances. Press after each seam. Pressing suggestions are indicated by the arrows in the assembly diagrams.

For detailed instructions on making the various stitch-and-flip shapes used in this block, see *Stitch-and-Flip Basics* (pages 1-4).



Part 1: Assembling the Corner Units

1. Sew a C square to the right edge of a G square. Then, sew an F rectangle to the top edge. **Make 16.**



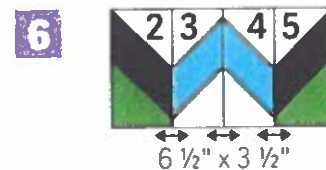
Part 2: Assembling the Side Units

2. Sew a G square to the upper right corner of an E rectangle. Sew a C square to the lower left corner. **Make 16.**
3. Sew G squares to the upper left and lower right corners of an A rectangle. **Make 16.**
4. Sew G squares to the upper right and lower left corners of an A rectangle. **Make 16.**
5. Sew a G square to the upper left corner of an E rectangle. Sew a C square to the lower right corner. **Make 16.**

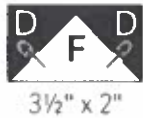


NOTE: The units in Steps 2 and 5 and in Steps 3 and 4 are mirror images.

6. Join the units from Steps 2-5 into a row, as shown. Press seams open to reduce bulk. **Make 16.**



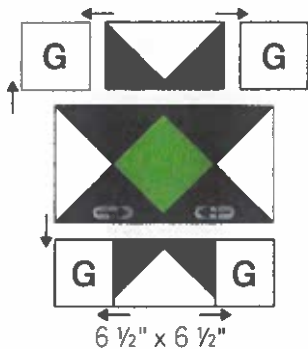
7



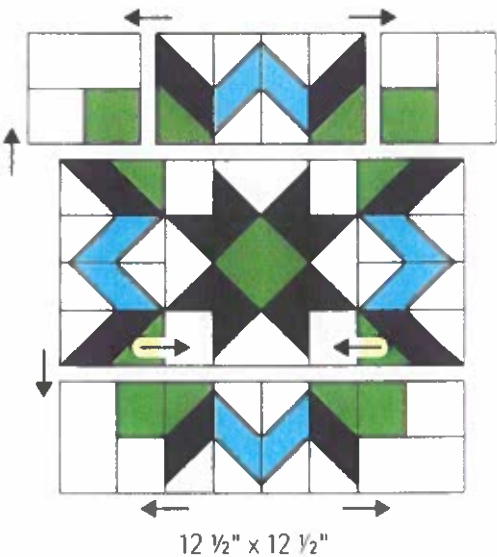
8



9



10



Block 7 Piecing Instructions, Continued

Part 3: Assembling the Center Units

7. Sew D squares to the left and right ends of an F rectangle to make a flying geese unit. **Make 16.**
8. Sew D squares to the corners of a B square as shown, to make a square-in-a-square unit. **Make 4.**
9. Arrange the units from Steps 7-8 with G squares in 3 rows as shown.

Sew the units into rows and then join the rows together. Press the seams open to reduce bulk. **Make 4.**

Part 4: Assembling Block 7

10. Arrange the units from Parts 1-3 in 3 rows as shown.

Sew the units together into rows and then join the rows together. **Make 4.**